



Trenton YMCA Adult Swim Lesson Request Form

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Semi Private Swim Lessons (45-minute class) ages 18 & up

Semi-Private lessons are up to six (6) children or adults of similar swimming abilities scheduled with an instructor.

Semi-Private Lessons

3 Lessons

- YMCA Facility Members: Free
 Non-Members: \$40

5 Lessons

- YMCA Members: Free
 Non-Members: \$60

7 Lessons

- YMCA Members: Free
 Non-Members: \$70

Availability of Lessons

Saturdays Only

Ages 14 to Adult
12:00pm – 12:45pm

Swim Lessons are held at
431 Pennington Avenue

Choose lesson dates below:

| | | | | | | | | | |
|--------|--------|---------|---------|---------|--------|---------|---------|---------|--------|
| 7/1/17 | 7/8/17 | 7/15/17 | 7/22/17 | 7/29/17 | 8/5/17 | 8/12/17 | 8/19/17 | 8/26/17 | 9/2/17 |
| | | | | | | | | | |

Participant Name: _____ Date of Birth _____ Gender _____

Address: _____ City: _____ State: _____ Zip _____

Email Address: _____ Phone #: _____

Emergency Contact: _____ Phone#: _____ Relationship to Swimmer: _____

This signature below certifies that all information contained in my registration is correct and true. My signature also affirms my understanding that my participation in YMCA programs and activities may present some risk or injury. YMCA of Trenton assumes no liability for injuries or damages that result from my participation in these programs or activities.

Medical Release: I authorize the YMCA of Trenton staff to act on my behalf if medical treatment is necessary.

In the event of illness or injury, I authorize the YMCA of Trenton to obtain medical treatment for me and authorize medical services to be provided.

The following is a list of all medical problems, allergies, medications being taken and restrictions due to my health conditions:

Print Name

Signature

Date